



# Paradise Center for Tolerance and Nonviolence

*PCTN's mission is to promote respect for differences and human rights, foster alternatives to violence, and advocate for a safe, hospitable, and harmonious community for all.*

Vol. VI, Issue 2, August 2011

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## SENIORS: BE INFORMED

“Seniors experience bullying too. It would be great if PCTN could do an article providing good information to help seniors.” Our friend Loretta Griffin raised an important issue. PCTN decided to go a step further than an article and host an educational forum for the community. The free forum **“Seniors Be Aware & Be Informed about Bullying, Abuse & Fraud”** was presented on Friday, April 15 at the Paradise Ridge Senior Center. The Senior Center joined PCTN in sponsoring the program. A panel of speakers with helpful information and great advice addressed the audience of about 50 people. The program was directed not only toward seniors, but also to families, friends and caregivers who want to be better informed.

Satsie Veith, Staff Attorney with Legal Services of Northern California, discussed “pushy debt collectors and telemarketing.” Some audience members were surprised to learn about some of their devious methods.

Tamara Decker, a victim advocate with Butte County Victim/Witness Assistance Program, and Mariann Bingham, Supervisor with Adult Protective Services, offered good advice and free materials.

The most often asked question was “Who do I call first?” Each panel member responded to say just call any of them and they will direct you to the right person.

**continued on page 2**

## WELCOME

*Click, Call or Visit Today!*  
 You are always welcome at PCTN.

**OFFICE HOURS:**  
**10 a.m.–2 p.m.**

*Our office is staffed solely by volunteers. Every effort is made to honor our published office hours. Please call ahead to be sure we are open if you will be greatly inconvenienced by our absence.*

**PCTN**  
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**Tolerance and Nonviolence**

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[www.pctn.org](http://www.pctn.org)

David Beveredge, coordinator of Long Term Care Ombudsman and Elder Abuse Prevention Programs for Passages Adult Resource Center, explained the various ways seniors can be bullied or harassed. Financial abuse is the most prevalent. He stressed to the audience that no one has to accept this behavior—there are dedicated people available to help and answer questions.

Detective Steve Rowe of the Paradise Police Department said that there are occurrences of abuse/harassment every day on the Ridge. He focused on telephone scams and offered tips to avoid traps. Don't be fooled by someone requesting money on behalf of one of your relatives. Don't answer emails from someone you don't know. Delete them. Never wire money or a cashier's check. Don't fall for prize winnings that require that you send money first.

From: Ruth  
 Sent: Friday, April 22, 2011 4:28 PM  
 To: [info@pctn.org](mailto:info@pctn.org)  
 Subject: Sr Center Workshop

Gwen and company

A friend went to your workshop on Senior Abuse. He then visited his mother in a nursing/convalescent home in Paradise. One of the employees was using terrible language at his mother. He went to the administration and said he had just been to a workshop and that emotional abuse was elder abuse. They asked him if he was going to file a complaint. He replied: if we can't get it resolved.

I just wanted to let you know that this meeting is having an effect. Called empowerment.

You are changing the world.

Thanks  
 Ruth

## MEETINGS

Regular meetings of PCTN are open to the public.

*Call 877-1856 for the schedule.*



## THANK YOU TO OUR DONORS

Every donation is important. Thanks to all of you who support our work! Many of you were inspired to donate for our 10<sup>th</sup> Anniversary at PCTN. We appreciate your generosity and acknowledgement of our commitment to the community.

Special thanks to those who donated from March 1, 2011–May 31, 2011:

**Major Donors:** Community House (Paradise Community Council), Ridge Physical Therapy and Wellness Center, Mark & Christine Shuken & DirecTV, Gary Bess & Associates, and Paradise Lutheran Church Mission Endowment Fund.

**Patrons (\$100–\$499):** Wells Fargo Foundation, William & Grace Hehemann, Arlene & Ellis Harms, Wendy Hartley, Betty Shifflet, Chico Cabaret, Steve & Darlene Watson, Wanda Mathews & Robert Woods, and Sheri Bagely.

**Sponsors (\$30–\$99):** Martin Orans, Catherine Webster, Paradise Lutheran Church Women, the Minderhoud Family, Daniel Broughton, Priscilla Hanford, Bob Hood & Ruby Grace Smith, Greg Lavin, Lynn Scoffern, and Betty Wegener.

**Sustaining members:** Dan & Mimi Johnson, Connie & Robert Bassett, David & Melissa Barnard, and Mary Ann Brister.

### BOARD OF DIRECTORS:

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PCTN's newsletter and a list of events are available online.

Visit our website:  
[www.pctn.org](http://www.pctn.org)



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## YOU CAN HELP PCTN EARN CHALLENGE GRANT MONEY

Once again, the Paradise Center for Tolerance and Nonviolence (PCTN) is participating in the annual Annie B's Community Fundraising Drive that is sponsored by the North Valley Community Foundation. The drive runs from **August 1 to September 30**.

One hundred percent of the contributions PCTN raises from Annie B's Community Drive will go directly toward funding our programs. **In addition to your donation, the Foundation will provide us with a percentage grant based on the ratio of total funds collected. In other words, the value of your gift to PCTN actually increases.**

Won't you join us in promoting respect for differences and human rights? Please make your tax-deductible donation now so PCTN will benefit from the percentage grant from the North Valley Community Foundation:

- checks must be made payable to "Annie B's/PCTN" and mailed by **September 30** to North Valley Community Foundation, 3120 Cohasset Road, Suite 8, Chico, CA 95973
- or use your credit card online at [www.nvcf.org/donate](http://www.nvcf.org/donate). Click on "All Annie B's Funds" and select Paradise Center for Tolerance and Nonviolence. It's simple and safe.

### SENIORS (continued from page 1)

Audience members had many concerns and stayed past the program time to speak one-on-one with panelists, who generously extended their time to respond to inquiries.

PCTN is also available as a source of help through our Victim Support and Advocacy Service, either to provide direct assistance or to help in finding the most appropriate service.

### RESOURCES:

**Passages:** 898-5923 Chico main office; 898-6716 to make appointment with representative who is at the Paradise Ridge Senior Center on Tuesdays.

**BC Behavioral Health Adult Crisis Line** (24 hrs): 1-800-334-6622

**Senior Connections/BC Behavioral Health:** 872-6452 Medication support, case management, in-home supportive services.

**Senior Law Project of Legal Services of Northern California:** Make an appointment through Passages at 898-5923.

**Adult Protective Services/BC Dept. of Social Services:** 1-800-664-9774

**California Senior Legal Hotline:** 1-800-222-1753 Free and confidential legal assistance for seniors who are victims of domestic abuse.

# UNITY IN DIVERSITY—A CELEBRATION

After weeks of clouds, wind and rain, June 12 dawned warm and sunny—a perfect day to spend in Paradise Community Park. Children played with the water globe, but cold drinks and snow cones were the order of the day for those who stayed dry. The food vendors were kept busy as well with people sampling the Greek and Mexican offerings.

Lorenzo Durham began the celebration with a solemn and touching native blessing, after which followed singing and dancing of many ethnic origins: Lazy Lester sang the blues, as only he can; Jahny Wallz accompanied himself on the acoustic guitar as he sang Latin songs; Those Native Singers, who also performed selections for the children; Sirens in Sanity Belly Dance Troup, always a crowd pleaser; a surprise Greek dance by Frankie, the Greek Lady, and friends; Italian songs performed beautifully by Lisa Flores and Jeri Luce; Ballet Folklorico de Chico, performing Mexican folk dances to the delight of all; and, to finish, ART+1 Alan Rigg Blues Band. Because we ended up running a bit long, the program was extended from 5:00 to 5:45 to give the blues band almost a full hour. Everyone stayed to listen and dance. Thank you to all of our performers! And thank you to Mora Sounds, who provided the sound system and were so flexible when we extended the closing time.

In the middle of the wonderful entertainment, Scott Lotter, Vice Mayor of the Town of Paradise, presented PCTN with a proclamation recognizing ‘Paradise Center for Tolerance and Nonviolence on its 10<sup>th</sup> Year Anniversary for dedicated and invaluable service to the community.’ The proclamation is now in our office for all to see—stop by and we’ll show it to you!

PCTN also made a presentation: a certificate of appreciation to Sarah Crum as 2011 Champion of Diversity. Sarah and her Paradise Intermediate 7<sup>th</sup> grade classes have provided the multi-cultural display boards that have appeared at our festivals over the past few years. It was unfortunate that she was unable to accept the certificate in person, but we’re saving it for her.

Although the primary purpose of the festival is not to raise funds, our plant sale was a huge success! The Kids’ raffle had some great prizes and got a lot of interest, as did our silent auction.

Thank you, Paradise—what a way to kick off the summer!



## DIVERSITY FEST FUN (clockwise from above):

People perusing the Plant Sale, PCTN Info, and Silent Auction Tables; ART+1 Alan Rigg Blues Band closed the day with an hour of great music. Paradise Vice Mayor Scott Lotter presenting 10<sup>th</sup> Anniversary Proclamation to PCTN Treasurer Gwen Nordgren; Ballet Folklorico de Chico, in their colorful costumes, delighted all with their dances.



**Paradise Center for  
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## SAVE THE DATE!

### **“Health Care Reform Affects Us All; Are You Informed?”**

**Wednesday, August 31, 7 pm**

PCTN’s upcoming health care forum is being held at 7 pm on August 31 at the Family Resource Center (6249 Skyway). Please don’t miss this informative (free) forum! Call the Paradise Center for Tolerance and Nonviolence at 877-1856 for information.



### **Pass the Pasta for PCTN Saturday, October 8**

Put a red circle around **Saturday, October 8** for the **Pass the Pasta Feast** to support PCTN. Seatings this year will be at 5 pm and 6:30 pm at Luther Hall, Paradise Lutheran Church, 780 Luther Drive (next to CVS). Advance tickets only: \$10 each or \$50 for table of six. Pastas with gourmet sauces, fresh salad greens, toasted garlic bread. No Host Wine & Dessert Bar. Call the Paradise Center for Tolerance and Nonviolence at 877-1856 or visit [www.pctn.org](http://www.pctn.org).